

# Purpose & Focus

Allows the participants to work together by communicating and form relationships through problem solving. Helps them to understand the different roles that emerge and dynamics of groups and teams.

## **Participants**

Teams of 3 to 4 participants.

Time Allotment 15 – 30 Minutes

Activity Level
Moderate

#### Materials

- Anything that can act as building materials like foil, paper, tape, straws, cups, or other safe items
- A platform for each team that are the same height, can use floor, tables, or other surfaces

## Method

- Break participants into equal groups of three to four.
- The facilitator gives each group each of the items listed to be used to build.
- The facilitator then gives each group 15 minutes to create the tallest tower they can using the materials.

### Discussion

- Did you have any disagreements on how to build the tower?
- What roles did everyone take on?
- Did someone take the lead and did the leader change at any point?
- Was someone good at the problem solving part?
- Was someone good at keeping the peace and making sure everyone was heard? What else?